

English

This term, our book is 'The Lonely Beast' by Chris Judge.

In English lessons, the children will be retelling the story in their own words, writing sentences that contain capital letters, finger spaces and full stops.

At home you can support your child by asking them to retell the key events in the story and by **encouraging them to write simple sentences about it**. You could help them practise using **capital letters at the start of sentences, finger spaces between words and full stops at the end**. Reading the story together, talking about what happened first, next and last, and praising their efforts will help build their confidence and enjoyment of writing.



Reading Books

Please ensure your child brings their book bag to school everyday. Your child will only be allowed to take a reading book/library book if they have their book bag.

We collect reading books on a Thursday morning so we can change these and will issue a new one on Friday.

PSHE



This year, children will be engaging with *The Story Project* to spark curiosity, foster empathy, and develop essential wellbeing skills. The Year 1 children learn to recognise and talk about their emotions and understand how feelings can affect behaviour. They explore a range of emotions and learn that all feelings are normal, while developing positive ways to manage them. Pupils also learn about the importance of giving their brains time to rest, including quiet time, relaxation, and sleep, to help them feel calm, focused, and ready to learn. The unit supports children's wellbeing by building self-awareness, emotional regulation, and healthy habits.

Maths



This term, Year 1 children will be learning about **place value within 20**, as well as **addition and subtraction within 20**. Parents can support at home by helping their child to **count, read and write numbers to 20**, and by talking about how numbers are made up of **tens and ones**. Practising simple **addition and subtraction using everyday objects** such as toys, snacks or household items will help children understand these concepts. Playing number games, counting forwards and backwards, and talking about numbers in everyday situations will also help to reinforce learning at home.

How to help at home Year 1 Spring 1



R.E

In this unit, Year 1 pupils learn about caring for the world and why this is important to many people, especially Christians. Children explore the idea that the world is special and should be looked after. They think about ways they can care for the world in their everyday lives, such as looking after plants, animals, and their surroundings.

Pupils learn that some people believe we should care for the world because it is God's creation.

Curriculum

This term, our focus in curriculum for **Year 1** is **Geography and Design and Technology**. In Geography, children will be learning about **weather, maps** and the **globe**. They will explore different types of weather, talk about seasonal changes, and begin to use simple maps and globes to understand where places are in the world. In Design and Technology, children will be learning about **textiles**. They will design and make their own **puppets**, joining fabrics together using **gluing, stapling and pinning**. This will help them develop their creative skills as well as their fine motor control.



Science

This term, **Year 1** children will be learning about **Science**, with a focus on **Animals including humans**, with **seasonal change** running throughout our learning. Children will learn to **identify and name common animals**, describe and compare them, and talk about **what different animals eat**. They will also learn about **humans**, including identifying and naming **parts of the body**, and talking about their **five senses** and how they use them in everyday life. Through discussions and practical activities linked to the seasons, children will begin to notice how animals, humans and the world around them change across the year

Computing

In Year 1 computing, children explore rockets through design and simple problem-solving activities. Pupils learn to create and develop rocket designs, thinking about shapes, colours, and parts, and use basic digital tools to support their ideas. They also follow simple instructions to build rockets, helping them develop early computing skills such as sequencing, creativity, and logical thinking while linking technology to real-world themes.

P.E

In Year 1, gymnastics lessons focus on developing balance, coordination, and control through simple movements such as rolling, jumping, and travelling in different ways. Children learn to link movements together and use space safely, building confidence and body awareness. In basketball, pupils develop basic ball skills including throwing, catching, bouncing, and simple passing.