



PE Overview 2024/25

Last updated: Lauren Gordon | September 2025

EYFS	Autumn		Spring		Summer	
YN	Developing gross motor skills	Revise and refine movement skills	Balance, coordination and dance	Negotiating space and ball skills	Moving in a range of ways	Revision of skills over the year
YR	Me and Myself	Ball skills	Fitness	Dance	Fun and games	Dance

KS1	Autumn		Spring		Summer	
Y1	Fitness Football	Hockey Dodgeball	Gymnastics Basketball	Dance (Jungle Dance) Orienteering	Cricket Rounders	Netball Athletics
Y2	Fitness Football	Hockey Dodgeball	Gymnastics Basketball	Dance (Zombie Dance) Orienteering	Cricket Rounders	Netball Athletics

LKS2	Autumn		Spring		Summer	
Y3	Modern Dance Football	Fitness Hockey	Gymnastics Orienteering	Modern Dance Netball	Fitness Cricket	Gymnastics Athletics
Y4	Fitness Football	Street Dance Hockey	Gymnastics Tag Rugby	Dodgeball Netball	Handball Cricket	Fitness Athletics



UKS2	Autumn		Spring		Summer	
Y5	Fitness Football	Dance Hockey	Gymnastics Orienteering	Volleyball Cricket	Basketball Rounders	Fitness Athletics
Y6	Fitness Football	Dance Hockey	Gymnastics Orienteering	Volleyball Cricket	Basketball Rounders	Fitness Athletics