



Subject Overview 2025/26

Last updated: by M Davey 22/10/2025

Autumn		Spring		Summer	
YN Pol- Ed <u>Transition</u> <u>Keeping safe</u> How can I play safely? <u>Understanding the law</u> What are rules? What are consequences? <u>myHappymind - Meet your brain</u>	Pol- Ed <u>Anti Bullying week</u> <u>Relationships</u> How can I be a good friend? How can I play nicely with others? How can adults at school help me? <u>Well-being</u> How can I be a germ buster? <u>myHappymind - Celebrate</u>	<u>myHappymind - Appreciate</u>	<u>myHappymind - Relate</u>	<u>myHappymind - Engage</u>	<u>myHappymind - Continue to work through scheme</u>
<u>Objectives to be taught missed by myHappymind:</u> <ul style="list-style-type: none"> • Develop their sense of responsibility and membership of a community • Remember rules without needing an adult to remind them. • Develop appropriate ways of being assertive. • Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing and drying their hands thoroughly. 					



- Make healthy choices about food, drink, activity and toothbrushing

myHappymind mapping to Early Learning Goals

Self-Regulation ELG - Children at the expected level of development will:

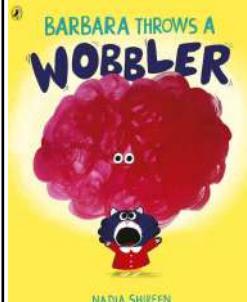
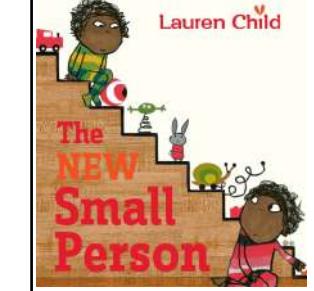
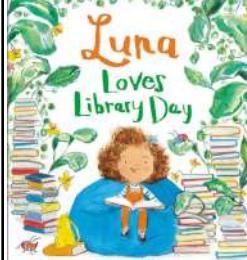
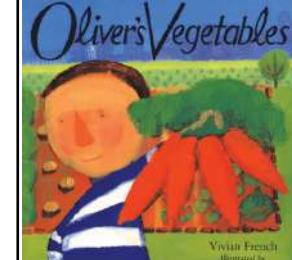
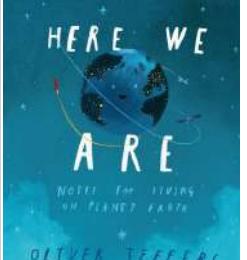
- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Meet Your Brain
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Engage
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. - Relate

Managing Self ELG - Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Engage
- Explain the reasons for rules, know right from wrong and try to behave accordingly; - Relate
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships ELG - Children at the expected level of development will:

- Work and play cooperatively and take turns with others; - Meet Your Brain, Relate
- Form positive attachments to adults and friendships with peers; - Relate
- Show sensitivity to their own and to others' needs. - Meet Your Brain, Relate

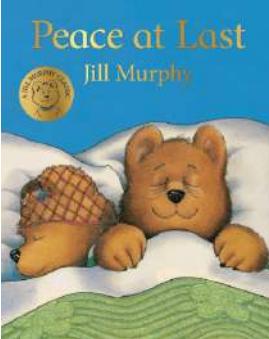
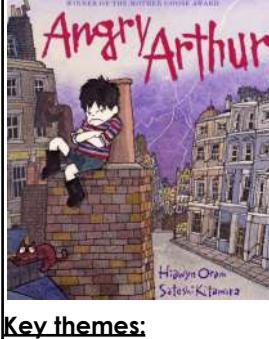
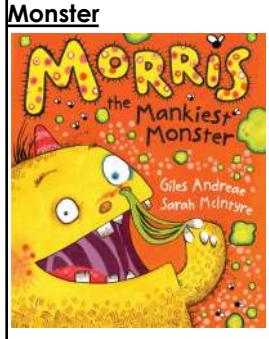
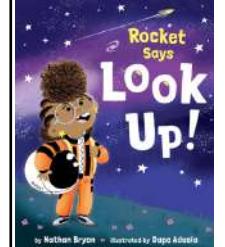
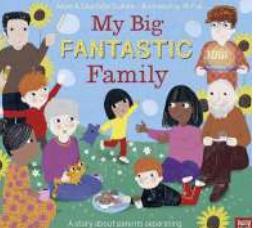
YR	The story project <u>The jar of happiness</u> 	The story project <u>Barbra throws a wobbler</u> 	The story project <u>The new small person</u> 	The story project <u>Luna loves library day</u> 	The story project <u>Oliver's vegetables</u> 	The story project <u>Here we are</u> 
	<u>Key themes:</u>		<u>Key themes:</u>			

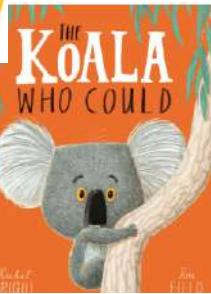


Emotions Friendship Happy Helpful Loss Love Physical Activity Sad <ul style="list-style-type: none"> I can tell you what makes me feel happy I can tell you some ways that I help others to feel happy I can tell you what makes me feel sad I can tell you some simple strategies that help me when I feel sad I can explain how friends and family can make us feel happy <p>Pol- Ed</p> <p>Transition</p> <p>Passport lessons</p> <p>What is respect?</p> <p>What is self-worth?</p> <p>What is the risk?</p> <p>Keeping safe</p>	<p>Key themes:</p> <ul style="list-style-type: none"> Anger Calm Friendship Kind Hands Tantrums <ul style="list-style-type: none"> I can tell you what makes me feel angry. I can tell you what makes me feel calm. I can tell you the difference between feelings and actions. I can tell you how to treat friends kindly. I can tell you how to have kind hands. <p>Pol- Ed</p> <p>Anti bully week</p>	<p>Friendship</p> <p>Pregnancy</p> <p>Sharing</p> <p>Siblings</p> <p>Unsafe</p> <ul style="list-style-type: none"> Discuss pregnancy Understand how to care for a human baby. I can share with my friends with support. I am able to take turns and share equipment. I know who to talk to if I feel unsafe or worried. <p>Pol- Ed</p> <p>Children's mental health week</p> <p>Understanding the law</p> <p>What can I do if I'm feeling big emotions?</p> <p>myHappymind - Appreciate</p>	<p>Key themes:</p> <ul style="list-style-type: none"> Family Goodbye Listening Love Manners Parental Separation Sharing 	<p>Key themes:</p> <ul style="list-style-type: none"> Exercise Healthy Plants Water <ul style="list-style-type: none"> I can tell you who is in my family and why they are important I can tell you what I like to do with my family I can tell you how I show love to my family I can show skills related to active listening eg. eye contact I can tell you how to show good manners <p>myHappymind - Relate</p>	<p>Key themes:</p> <ul style="list-style-type: none"> Body Environment Tidy World <ul style="list-style-type: none"> I can give some examples of healthy foods that are good for my body. I can tell you how I include healthy foods in my diet. I can tell you where vegetables and fruits come from and how to help them grow. I can tell you why I need to drink water at regular intervals in the day. <p>myHappymind - Continue to work through scheme</p>



<p>How can I keep safe at school? How can I keep safe at home?</p> <p>myHappymind - Meet your brain</p>	<p>Relationships</p> <p>How can I make other children feel happy?</p> <p>Passport lessons</p> <p>What is empathy?</p> <p>myHappymind - Celebrate</p>			<ul style="list-style-type: none"> I can tell you why exercise is important and some types of exercise I enjoy. <p>Pol- Ed</p>	
				<p>Well being</p> <p>How does food help me?</p> <p>How does exercise help me ?</p> <p>myHappymind - Engage</p>	

KS1	Autumn	Spring	Summer		
<p>Y1</p> <p>The story project</p> <p>Transition</p> <p>The koala who could (Managing change)</p>	<p>The story project</p> <p>Peace at last</p>  <p>Key themes:</p>	<p>The story project</p> <p>Angry Arthur</p>  <p>Key themes:</p>	<p>The story project</p> <p>Morris the Mankiest Monster</p>  <p>Key themes:</p>	<p>The story project</p> <p>Look up!</p>  <p>Key themes:</p>	<p>The story project</p> <p>My Big Fantastic Family</p>  <p>Key themes:</p> <p>Change Family</p>



Key themes:
Brave
Change
Resilience
Transition

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I can describe how fear can stop us from trying new things and how to overcome it.

I can explain how positive experiences can happen when I try something new.

The Friendship bench



Key themes:

Key themes:
Consent
Fidgety
Permission-Seeking
Saying 'No'
Sleep
Tired

1. I can explain why I need enough sleep
2. I can tell you some strategies to manage feeling tired.
3. I can tell you what helps me to get a good night's sleep.
4. I can tell some ways I can help myself when I feel fidgety
5. I can tell you why permission-seeking is important and I can say no when I'm asked to do something that feels wrong or uncomfortable

Pol- Ed

Anti Bullying week

Relationships:

- Anger
- Emotions
- Environment
- Reaction
- Relax

1. can tell you what appropriate and proportionate behaviour means.
2. I can describe the 5 point scale for basic emotions.
3. I can tell you why someone might have an inappropriate reaction and how they can recognise if they need support.
4. I can tell you the importance of giving my brain a rest and some ways I like to relax.

Key themes:

Germs
Healthy
Hygiene
Teeth Brushing

1. I can tell you how some diseases are spread and can be controlled.
2. I can describe the 5 point scale for basic emotions.
3. I can tell you the importance of brushing my teeth in the morning and evening.
4. I can tell you why someone might have an inappropriate reaction and how they can recognise if they need support.
4. I can tell you the importance of giving my brain a rest and some ways I like to relax.

World book day

Perseverance

Road Safety
Strengths

1. I can tell you what makes me individual?

2. I can tell you what my strengths are.

3. I can teach someone else something I am good at.

4. I can tell you some of the effects of spending too much time on devices.

5. I can tell you how to keep safe on the roads.

MyHappymind

Engage

Pol- Ed

Transition

Understanding the law

How can I be responsible?

Love
New Beginnings
Separation

1. I can tell you about different types of families.

2. I can tell you why all families deserve respect.

3. I can tell you about the people important to me in my family.

4. I can tell you how families can change and some of the emotions related to this.

5. I can tell you how families help each other in times of difficulty.



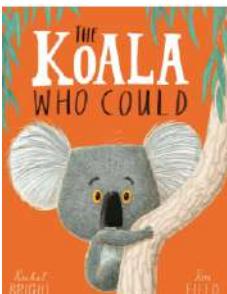
<p>Friendship oving Away New Beginning Resilience Starting School</p> <p>1. I can tell you how people choose and make friends</p> <p>2. I can tell you what makes a good friend.</p> <p>3. I can tell you how my friends make me happy and how I make my friends happy.</p> <p>4. I can tell you how I make others feel welcome and included.</p> <p>5. I know what to do if a friend is making me unhappy.</p>	<p>What if my friends are making me feel sad? Why are safe hands important? What is bullying? How can I be an ally?</p> <p>Keeping safe How can I speak up?</p> <p>myHappymind Celebrate</p>	<p>5. I can tell you how I take responsibility for my school environment. Including toilets/ shared spaces.</p> <p>Children's Mental Health Week</p> <p>Clean up!</p> <p>Key themes:</p> <ul style="list-style-type: none"> Activism Community Difference Family Stutters Voice <ul style="list-style-type: none"> I can tell you about things that are important to me. I can show you how to be 	<p>Charlie Cook's Favourite book</p>  <p>Key themes:</p> <p>Books Reading Wellbeing</p> <p>I can tell you how reading helps my wellbeing</p> <p>I can tell you what books my friends and I like to read</p> <p>MyHappymind Relate</p>	<p>Why have different rules in different places? What can happen when rules are broken? What do the police do?</p> <p>Keeping safe What is 999?</p> <p>MyHappymind RSE</p>
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	Pol- Ed Transition Relationships- How can I make Friends? Keeping Safe: Who are my trusted adults? Understanding the law How can I be responsible? myHappymind Meet your brain	respectful of each other's viewpoints. Pol- Ed Safer internet day Relationships Why is name calling unkind? Keeping Safe Who are my trusted adults? What is private information? Well- being How can I be an empathy expert? Children's mental health week Well being What makes me special? What do feelings feel like? How can I share my feelings? MyHappymind Appreciate			
Y2	The story project Transition	The story project	The story project	The story project Aliens love underpants	The story project Grandad's Camper



The koala who could (Managing change)



Key themes:

Brave
Change
Resilience
Transition

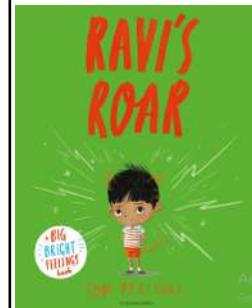
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I can describe how fear can stop us from trying new things and how to overcome it.

I can explain how positive experiences can happen when I try something new

The Girl who never ever makes mistakes

Ravi's Roar

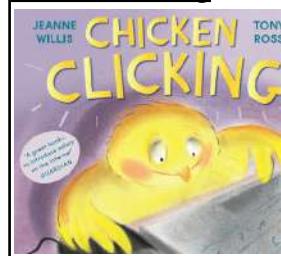


Key themes:

Anger
Calm
Difference
Emotions
Fair
Reflection
Respect

1. I can explain that it is ok to feel all emotions
2. I can explain why it is important to reflect on how I manage my emotions
3. I can tell you what strategies help me to calm down

Chicken Clicking

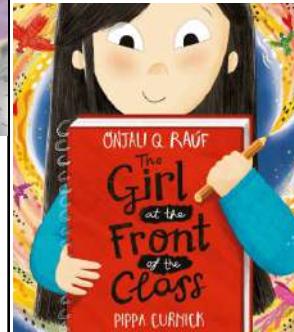


Key themes:

Online Safety
Risk
Value

1. I can tell you the benefits of going online.
2. I can tell you how to recognise the dangers of being online.
3. I can tell you the rules and principles for keeping safe online.

The girl at the front of class

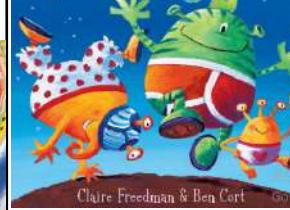


Key themes:

Needs
Refugee
Respect
Rights
Trust

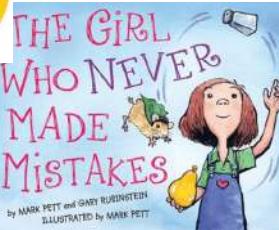
1. I can tell you what a refugee is
2. I can tell you what human rights are
3. I can tell you how I understand the needs of others

Aliens Love Underpants



Key themes:

I can say the names of the different parts of the body (including external genitalia) and the differences between



Key themes:

Perfectionism
Perseverance
Pressure
Self-Belief

1.I can explain why mistakes help my learning.

2.I can tell you how I have learnt from my mistakes.

3.I can tell you how respecting myself and being kind to myself can help me to be happy.

4.I can tell you what the word perseverance means.

5.I can tell you what helps me to persevere.

Pol- Ed

- I can tell you what is fair/unfair, right/wrong and kind/unkind
- I can tell you why it is good that people are different.

Pol- Ed

Anti Bullying week

Relationships:

What if my friends are making me feel sad?
Why are safe hands important?
What is bullying?
How can I be an ally?

Keeping safe

How can I speak up?

myHappymind

Celebrate

4.I can tell you how to report problems I have online.

5.I can tell you the value of the things that I buy.

Children's Mental Health Week

Clean up!



Key themes:

Activism
Community
Difference
Family
Stutters
Voice

- I can tell you about things that are important to me.

4.I can tell you how I support others

5.I can tell you some strategies for deciding if someone is trustworthy

World Book Day

Charlie Cook's Favourite book



Key themes:

Books
Reading
Wellbeing

I can tell you how reading helps my wellbeing

comfortable/
unacceptable/
uncomfortable and how to respond if I am uncomfortable..

I can tell you what I can do if I feel unsafe in a variety of situations.

I can tell you the difference between secrets and nice surprises and the importance of not keeping any secret that makes me feel uncomfortable or afraid.

MyHappymind
Engage

was struggling with times of change or loss.

4.I can tell you about some of the different relationships I have with people in my family and why they are important.

5.I can tell you how helping others helps make me happy.

Pol- Ed

Transition

KS1 passport

What is empathy?
What is fact finding?
What is future planning?
What is informed decision making?
What is resilience?
What is self worth?
What is risk?

MyHappymind

RSE



Transition

Relationships-

Why are relationships important?

How are we the same, how are we different?

Well-being

How can I deal with change?

myHappymind

Meet your brain

- I can show you how to be respectful of each other's viewpoints.

Pol- Ed

I can tell you what books my friends and I like to read

MyHappymind

Relate

Sofer internet day

Understanding the law

What is the internet?

Why does age matter?

Keeping safe

How can I keep safe online?

Children's mental health week

Well being

Why is sleep important?

When do I need to take a break?

How can I look after my body?

MyHappymind

Appreciate

LKS2	Autumn		Spring		Summer	
Y3	The story project	The story project	The story project	The story project	The story project	The story project
Transition		The hundred dresses		It's a no money day		



The Boldest White



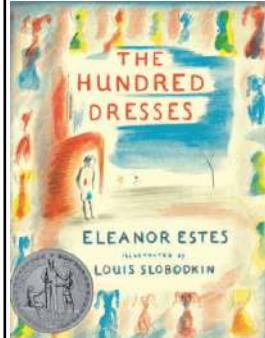
Key themes:

Brave
Change
Resilience
Transition

I can recognise how fear or uncertainty can affect me during times of change, and I can identify strategies to manage these feelings.

I can explain how stepping outside my comfort zone can help me grow, even when change feels challenging.

Ossiri and The Bala Mengro



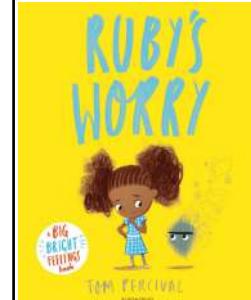
Key themes:

Bullying
Bystander
Creative
Friendship

1. I can tell you the characteristics of a good friend.
2. I can tell you some ways I can manage friendship problems.

3. I can tell you what impact bullying or cyberbullying can have and how someone experiencing bullying

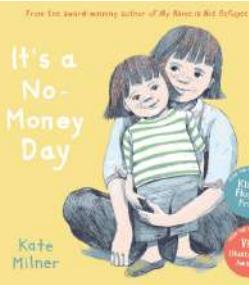
Ruby's worry



Key themes:

Anxiety
Being Safe
Family
Health and Prevention
Mental Wellbeing

1. I can explain that everyone experiences 'worries', but I need to get help if these become overwhelming. I can explain where I can get help or advice
2. I can explain what to do if I can't ask my family or friends for help and what to do if it is



Key themes:

Empathy
Financial Knowledge
Food Banks
Money
Poverty

1. I can tell you some of the ways people pay for things and some of the decisions people have to make about spending.

2. I can tell you how money can affect people's emotions.

3. I can tell you some of the reasons people save or spend money.

On a magical do-nothing day



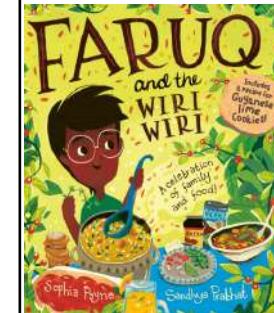
Key themes:

Addiction
Balanced Lifestyle
Disappointment
Environment
Family
Mental Wellbeing
Nature
Split Parenting
Video Games

1. I can explain what nature is and I can tell you how nature benefits my mental wellbeing.

2. I can give examples of the rights of living things

Faruq and the Wiri Wiri



Key themes:

Balanced Lifestyle
Careers
Cuisine
Cultural Heritage
Healthy Eating
Pressure

1. I can explain how food contributes to a balanced lifestyle.

2. I can tell you some principles of planning and preparing a range of healthy meals.



<p>Key themes: Community Feedback Growth Mindset Music</p> <p>1.I can tell you the benefits of community participation on my mental wellbeing.</p> <p>2.I can tell you how music can benefit my mental wellbeing.</p> <p>3.I can tell you why it is important to not give up when something is hard.</p> <p>4.I can use a 5 point scale to tell you how</p>	<p>can stand up to this or get help.</p> <p>4.I can tell you how bystanders can help prevent bullying.</p> <p>5.I can tell you some ways that I can improve my friendships.</p> <p>Pol- Ed</p> <p>Anti Bullying week</p> <p>Relationships: How should we treat people? What do we mean by consent in friendships? What is bullying?</p> <p>Keeping safe What are emergency services?</p> <p>myHappymind Celebrate</p>	<p>someone in my family or one of my friends who is making me feel unsafe or unhappy</p> <p>3. I can describe some of the physical signs of worry and I can explain what I should do if I am having lots of physical problems</p> <p>4. I can describe some simple self-care techniques I can use when I am feeling worried</p> <p>5. I can explain how children sometimes feel lonely and what children can do if they feel that way</p>	<p>4.I can tell you what 'borrowed' means and why people might borrow money.</p> <p>5.I can tell you how to keep money and possessions safe.</p> <p>World Book Day Matilda <p>Key themes: Books Reading Wellbeing</p> <p>I can tell you why reading is good for my well being.</p> <p>MyHappymind Relate</p> </p>	<p>and I can explain why it is important to respect the rights of all living things.</p> <p>3.I can explain the importance of having a balance between online games and other hobbies</p> <p>4.I can tell you how influences my goals and keep safe when I am outside.</p> <p>5.I can tell you some strategies I have for managing disappointment.</p> <p>MyHappymind Engage</p>	<p>3.I can make choices about the food I eat and I can tell you what affects the choices I make.</p> <p>4.I can tell you how drinks contribute to a balanced lifestyle.</p> <p>5.I can tell you what influences my goals and dreams for the future.</p> <p>Pol- Ed</p> <p>Transition</p> <p>Understanding the law What is the law and why do we have it? How do we enforce the law?</p> <p>Well - being How can intense feeling feel? What words can I use to talk about my feelings?</p> <p>MyHappymind RSE</p>



3rd I am finding my work and I can tell you some strategies that help me when my work is hard.

5.I can give constructive support and feedback to others.

Pol- Ed

Transition

Relationships-

Who are my people?

Keeping safe

What do we mean by risk?

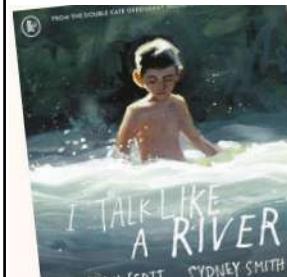
Understanding the law

What are children's rights?

myHappymind

Meet your brain

I talk like a river



Key themes:

Activism
Community
Difference
Family
Stutters
Voice

I can show you how I support my friends.

I can tell you why it is important to respect and celebrate people's differences

Pol- Ed

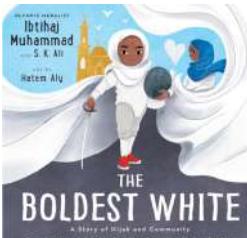
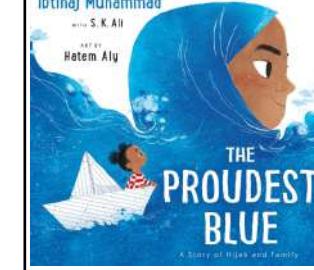
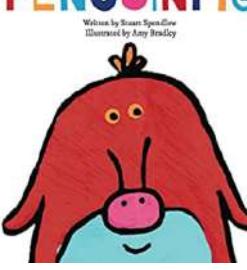
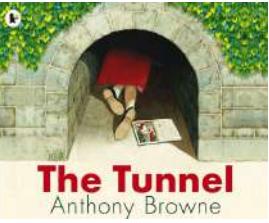
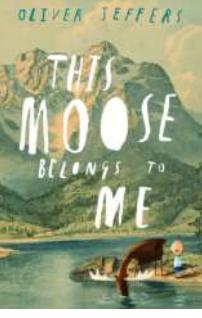
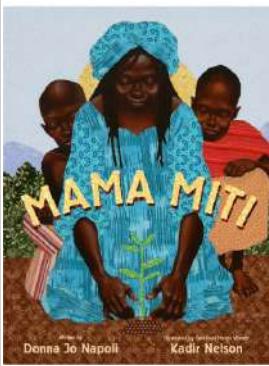
Safer internet day

Understanding the law

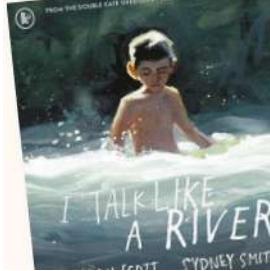
How can I be a responsible citizen?

Relationships

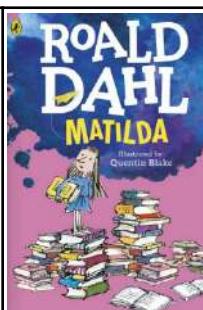


		<p>What to do when friendships go wrong</p> <p>Children's mental health week</p> <p>Well being</p> <p>What is mental health? What am I good at? How does school help me?</p> <p>MyHappymind</p> <p>Appreciate</p>			
<p>Y4</p> <p>Transition</p> <p>The Boldest White</p>  <p>Key themes: Brave Change Resilience Transition</p> <p>I can recognise how fear or uncertainty can affect me during times of change, and I can identify strategies to manage these feelings.</p>	<p>The story project</p> <p>The proudest blue</p>  <p>Key themes: Bullying Cultural Heritage Diversity Mental Wellbeing Religion</p> <p>I can tell you about my cultural heritage.</p>	<p>The story project</p> <p>Penguin Pig</p>  <p>Key themes: Cyberbullying Data Sharing Internet Safety Neglect Online Safety phishing Scam</p> <p>I can tell you the risks of making friends online</p> <p>I can tell you why it is important to treat</p>	<p>The story project</p> <p>The Tunnel</p>  <p>Key themes: Adventure Curiosity Family Peer Pressure Siblings</p> <p>1.I can tell you what a dare is and how dares make people feel.</p>	<p>The story project</p> <p>This Moose belongs to me</p>  <p>Key themes: Friendship Law Nature</p> <p>1.I can tell you how friends should treat each</p>	<p>The story project</p> <p>Mama Miti</p>  <p>Key themes: Language Nature Research Respect Sun Safety</p> <p>I can tell you about safe and unsafe exposure to the sun and how to</p>

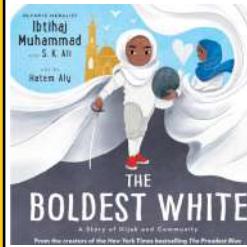
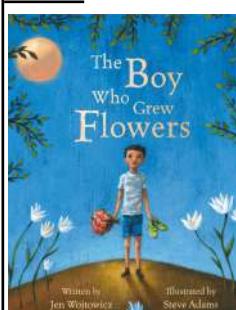
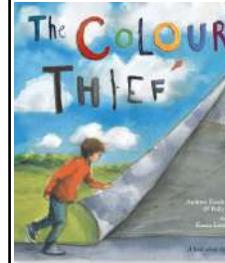
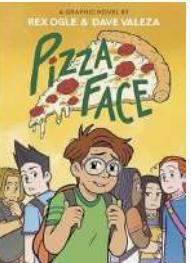
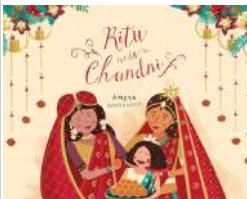


<p>an explain how stepping outside my comfort zone can help me grow, even when change feels challenging.</p> <p>The Grand Feelings Hotel</p>  <p>Key themes: Emotional Management Emotional Regulation Emotions Feelings Puberty</p> <p>1.I can tell you a range of feelings words and can explain when I have felt these feelings.</p> <p>2.I can tell you why it is important to listen to our emotions.</p>	<p>I can tell you about ways my family and friends support me.</p> <p>I can tell you how I show respect to people who have different beliefs to me.</p> <p>I can tell you about some of the different types of bullying (including online bullying) and I can tell you some strategies to resist this and to get help.</p> <p>I can tell you about the impact of bullying on mental wellbeing.</p> <p>Pol- Ed</p> <p>Road Safety (Prior to session)</p> <p>Keeping safe</p> <p>How can we keep safe on the road?</p>	<p>people online the same as you treat people in person</p> <p>I can tell you some strategies for managing online bullying</p> <p>I can tell you how to critically consider sources of information</p> <p>I can tell you how information and data is shared and used online</p> <p>Children's mental health week</p> <p>I talk like a river</p>  <p>Key themes: Activism Community Difference Family Stutters Voice</p>	<p>2.I can use a 5 point scale to tell you how risky something is.</p> <p>3.I can tell you what peer pressure is and how to resist anything that is dangerous, uncomfortable or feels wrong.</p> <p>4.I can tell you how taking risks can be a positive thing and how this can build up my resilience.</p> <p>5.I can tell you what I should do in an emergency situation.</p>	<p>other.</p> <p>2.I can politely say 'no' when I don't want to do something.</p> <p>3.I can explain that friendships have ups and downs.</p> <p>4.I can tell you some ways I can repair a damaged friendship.</p> <p>5.I can explain how rules and laws protect me and others.</p> <p>MyHappymind</p> <p>Engage</p>	<p>reduce the risk of sun damage.</p> <p>I can tell you how serving others can help my wellbeing.</p> <p>I can tell you what a role model is and who my role models are.</p> <p>I can tell you about something I am passionate about.</p> <p>I can tell you how to show respect for different languages and the benefits of speaking different languages.</p> <p>Pol- Ed</p> <p>Transition</p> <p>Keeping safe</p> <p>How can I keep safe in my local area? What is first aid?</p> <p>Well - being</p> <p>How can I be a hygiene hero</p> <p>MyHappymind</p> <p>RSE</p>

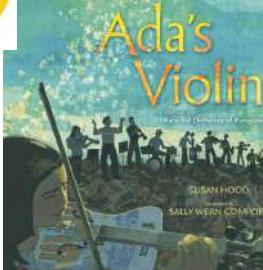
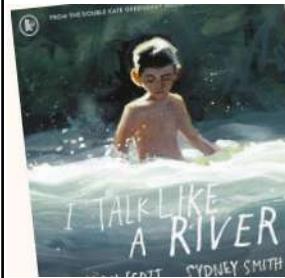
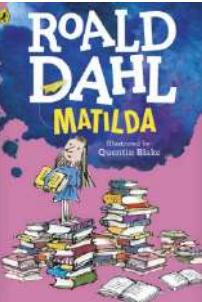


<p>can describe examples of how people experience more than one feeling at a time</p> <p>4. I can explain how my feelings might change as I grow up.</p> <p>5. I can tell you what I could do if my feelings are too big to handle by myself</p> <p>Pol- Ed</p> <p>Transition</p> <p>Relationships- Who makes up my community?</p> <p>Keeping safe Who do I encounter?</p> <p>Understanding the law What can I be?</p> <p>myHappymind</p> <p>Meet your brain</p>	<p>Anti Bullying week</p> <p>Relationships: What is a healthy friendship? How can we be role models? What is discrimination?</p> <p>Keeping safe What are protected characteristics? What is hate crime?</p> <p>myHappymind</p> <p>Celebrate</p>	<p>I can show you how I support my friends.</p> <p>I can tell you why it is important to respect and celebrate people's differences</p> <p>Pol- Ed</p> <p>Safer internet day</p> <p>Understanding the law How can I respect my environment?</p> <p>Relationships What is peer influence?</p> <p>Children's mental health week</p> <p>Well being How do my choices help me to be healthy? What are healthy habits? Why is food fuel? How does school build my character?</p> <p>MyHappymind</p> <p>Appreciate</p>	 <p>Key themes: Books Reading Wellbeing</p> <p>I can tell you why reading is good for my well being.</p> <p>MyHappymind</p> <p>Relate</p>		
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		Autumn	Spring	Summer
<p>Y5</p> <p>Transition</p> <p>The Boldest White</p>  <p>Key themes: Brave Change Resilience Transition</p> <p>I can recognise how fear or uncertainty can affect me during times of change, and I can identify strategies to manage these feelings.</p> <p>I can explain how stepping outside my comfort zone can help me grow, even when change feels challenging.</p> <p>Ada's Vilon</p>	<p>The story project</p> <p>The boy who grew flowers</p>  <p>Key themes:</p> <ul style="list-style-type: none"> • Body Image • Bullying • Physical Disabilities • Self-Esteem <p>I can describe why it is important to respect my body and the amazing things it can do. I can explain the term 'body image' and how my opinion of my body can affect my confidence</p> <p>I can explain how images in the media do not always reflect reality and can</p>	<p>The story project</p> <p>The colour thief</p>  <p>Key themes: Depression Medication Mental Health Mental Illness Therapy</p> <p>I can tell you what mental illness means and how this can vary in severity, and I can tell you some ways people can look after their mental health.</p> <p>I can tell you how someone experiencing mental illness can get support and I can explain why it is better to get support early.</p>	<p>The story project</p> <p>Pizza Face</p>  <p>Key themes: Puberty</p> <p>1. I can tell you the basic changes that happen during puberty.</p> <p>2. I can tell you how my emotions will change during puberty.</p> <p>3. I can explain that all people will experience puberty differently.</p> <p>4. I can tell you how to get advice if I am unsure</p>	<p>The story project</p> <p>Mum and Dad glue</p>  <p>Key themes: Affirmation Divorce Separation</p> <p>1. I can tell you some of the reasons why married or unmarried couple may choose to separate.</p> <p>2. I am aware of some of the feelings associated with separation.</p> <p>3. I can tell you some strategies for dealing</p> <p>Ritu Weds Chandi</p>  <p>Key themes: Cultural Celebrations Hindu Wedding Homophobia LGBTQ+ Same-sex Marriage</p> <p>1. I can tell you why people choose to get married and some of the factors that go into that decision.</p> <p>2. I can tell you about the laws related to marriage</p>

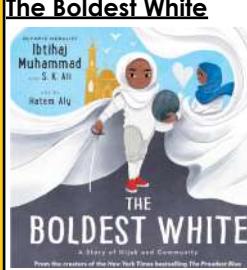
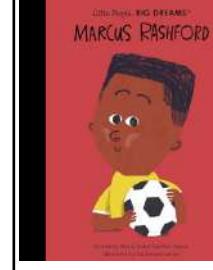
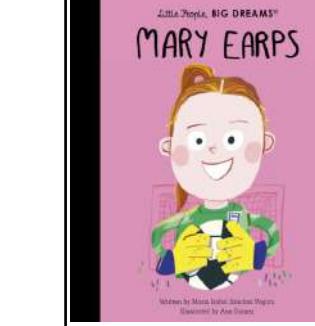
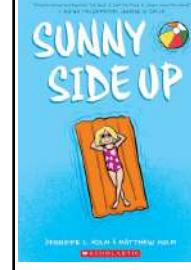
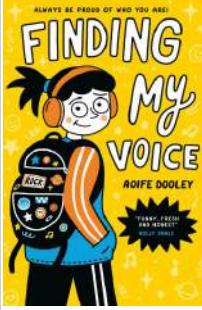


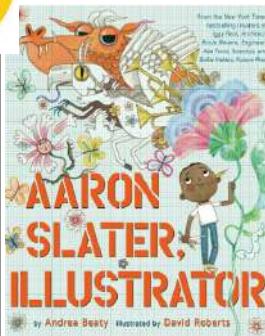
<p>Key themes: Environment Goals Gratitude Self-Esteem</p> <p>1.I can tell you how I am part of a 'whole world' community and how this can impact my wellbeing.</p> <p>2.I can tell you some ways I help to protect my world.</p> <p>3.I can tell you what makes a good team.</p> <p>4.I can show you some skills that might be helpful to a future</p>	<p></p> <p>Ada's Violin Author: Susan Hood Illustrator: Sally Wern Compton</p> <p>Key themes: Environment Goals Gratitude Self-Esteem</p> <p>1.I can tell you how I am part of a 'whole world' community and how this can impact my wellbeing.</p> <p>2.I can tell you some ways I help to protect my world.</p> <p>3.I can tell you what makes a good team.</p> <p>4.I can show you some skills that might be helpful to a future</p>	<p>affect my body image</p> <p>I can explain the term self-esteem and know strategies to help boost my self-esteem</p> <p>I can describe the effect that bullying can have on mental wellbeing</p> <p>I can think of ways to make my classroom more inclusive</p>	<p>I can tell you some of the ways people with mental health problems are supported.</p> <p>I can describe some of the feelings involved with living with and supporting someone with a mental illness and I can describe the available support.</p> <p>I can tell you why it is important to show respect to all people including people experiencing mental illness.</p>	<p>I can tell you about anything relating to puberty.</p> <p>5.I can tell you all the positive things about growing up.</p>	<p>with feelings related to separation.</p> <p>4.I can tell you what an affirmation is and can write one for myself.</p> <p>5.I can explain how I could help a friend who is experiencing a difficult situation.</p>	<p>and how these may differ in other countries.</p> <p>3.I can tell you about the different values and customs related to marriage in different countries and I can tell you how I show respect for different types of marriage.</p> <p>4.I can tell you about traditions that are important to my family.</p> <p>5.I can tell you about a range of national, regional, religious and ethnic identities in the United Kingdom.</p>
		<p>Anti Bullying week</p> <p>Relationships:</p> <p>What is peer pressure? What are online friendships? What is grooming? How do words have power?</p> <p>Keeping safe</p> <p>How do our special people keep us safe?</p>	<p>Children's mental health week</p> <p>I talk like a river</p> <p></p> <p>Key themes: Activism Community Difference Family</p>	<p>World Book Day</p> <p>Matilda</p> <p></p> <p>Key themes: Books Reading Wellbeing</p> <p>I can tell you why reading is good for my well being</p>	<p>MyHappymind</p> <p>Engage</p>	
		Celebrate				



	<p>career, such as team work, enterprise or negotiation.</p> <p>5.I can tell you what self-esteem means and some things that boost my self-esteem.</p> <p>Pol- Ed</p> <p>Transition</p> <p>Relationships-</p> <p>What is media influence?</p> <p>What are my personal boundaries?</p> <p>Keeping safe</p> <p>How can we keep our things safe?</p> <p>myHappymind</p> <p>Meet your brain</p>	<p>Stutters Voice</p> <p>I can show you how I support my friends.</p> <p>I can tell you why it is important to respect and celebrate people's differences</p> <p>Pol- Ed</p> <p>Safer internet day</p> <p>Understanding the law</p> <p>What can and can't I do on the internet?</p> <p>What is trolling?</p> <p>What is gambling?</p> <p>What are online purchases?</p> <p>Well being</p> <p>How might being online impact the way I feel?</p> <p>Children's mental health week</p> <p>Well being</p> <p>How might my activity levels impact the way I feel?</p> <p>How might school impact the way I feel?</p> <p>How can drugs and alcohol make people feel</p>			<p>How can we use our phones sensibly?</p> <p>What are deep fakes?</p> <p>MyHappymind</p> <p>RSE</p>
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		MyHappymind				
		Appreciate				
		The story project	The story project	The story project	The story project	
Y6	<p>Transition The Boldest White</p>  <p>Key themes: Brave Change Resilience Transition</p> <p>I can recognise how fear or uncertainty can affect me during times of change, and I can identify strategies to manage these feelings.</p> <p>I can explain how stepping outside my comfort zone can help me grow, even when change feels challenging</p> <p>Aaron Slater, Illustrator</p>	<p>Transition Marcus Rashford</p>  <p>Key themes: Activism Online Online Safety Racism</p> <p>I can tell you what racism is and how I can stand up to it.</p> <p>I can tell you some strategies to manage difficult situations and how to seek help or advice from others.</p> <p>I can tell you how I could prevent difficult situations online.</p> <p>I can tell you about people who have stood</p>	<p>Mary Earps</p>  <p>Key themes: Careers Equality Exercise Sport</p> <p>I can tell you what a stereotype is and how stereotypes can be unfair, negative or destructive</p> <p>I can challenge stereotypes</p> <p>I can tell you what influences people's career choices</p>	<p>Sunny side up</p>  <p>Key themes: Alcohol Consent Control Drugs Peer Pressure Vaping Water</p> <p>I can tell you the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking and how they affect everyone differently.</p> <p>I can tell you some strategies for resisting peer pressure related to drugs, smoking and alcohol and how I would</p>	<p>Making a baby</p>  <p>Key themes: Birth Pregnancy Sex</p> <p>1.I can describe how a baby is made using accurate language.</p> <p>2.I can explain that reproduction requires maturity and why there is a legal age to have sex.</p> <p>3.I can tell you what happens between</p>	<p>Finding my voice</p>  <p>Key themes: Careers Goals Secondary School Transition</p> <p>1.I can tell you how I feel about the transition to secondary school.</p> <p>2.I can tell you some of the practical things I can do to help me manage</p>



Key themes:

Dyslexia
Perseverance
SEND

1. I can set myself challenging goals.
2. I can identify what will help me achieve my goal and what will hold me back.
3. I can tell you some strategies that can help me overcome the things that might hold me back.
4. I can break goals down into smaller manageable steps.
5. I can tell you about a range of careers.

Pol- Ed

up for what they believe in.

I can tell you how I can stand up for what I believe in.

Pol- Ed

Anti Bullying week

Relationships:

How can we challenge sexism?
How can we be allies against racism?
How can we respect different relationships?

Keeping safe

How do our special people keep us safe?
myHappymind

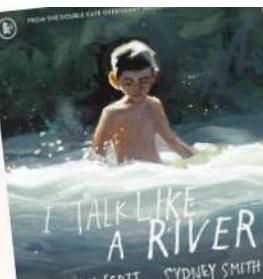
Celebrate

I can tell you the benefits of exercise

I can tell you what I need to look after my physical health

Children's mental health week

I talk like a river



Key themes:

Activism
Community
Difference
Family
Stutters
Voice

I can show you how I support my friends.

I can tell you why it is important to respect and celebrate people's differences

Pol- Ed

get help if I was worried about myself or someone else taking drugs, smoking or drinking alcohol.

I can tell you why consent and permission seeking are important in a relationship.

I can express my needs calmly and assertively.

I can tell you how to be safe around water.

World Book Day

Matilda



Key themes:

Books
Reading
Wellbeing

I can tell you why reading is good for my wellbeing

MyHappymind

conception and birth.

4. I can tell you about the needs of newborn babies and what it is like to be a parent.

5. I can tell you what makes me, me!

MyHappymind

Engage

the transition to secondary school.

3. I can tell you some of the strategies that will help me to manage the emotions related to the transition to secondary school.

4. I can tell you my goals for my time at secondary school.

5. I can tell you my goals for beyond secondary school, including my career and other plans.

Pol- Ed

Transition

Relationships

How can I get ready for secondary relationships?

Well being

How can I cope with leaving school?



<p>ansition elationships- What is my relationship with authority? What is a debate?</p> <p>Understanding the law What different types of crime are there?</p> <p>myHappymind Meet your brain</p>	<p>Safer internet day Keeping safe Why does media have age restrictions? How is my data shared?</p> <p>Understanding the law What different types of crime are there?</p> <p>Children's mental health week Well being What does 30 look like? How can I re-frame my thinking? How can I seek support for my mental health?</p> <p>MyHappymind Appreciate</p>	Relate		MyHappymind RSE
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