

## Personal, Social, Health and Economic Education (PSHE )

Our PSHE curriculum ensures that we fulfil our statutory responsibility to safeguard pupils, support their spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life.

The pupils at Lidget Green Primary School benefit from a wide range of provision in order to develop these essential life skills around the 3 core themes of:

- Health and Wellbeing
- Relationships
- Living in the Wider World

### Health and Wellbeing

- Spiral curriculum Health strand- Whole school
- Tooth brushing- Nursery, Reception and Year 1
- Fluoride varnishing - Reception and Year 1
- Flu vaccinations
- Born in Bradford- Reception onwards
- School nurse Sex Education for Year 6
- Healthy snacks: tuck shop, breakfast club, school lunches
- Food technology - healthy recipes
- Science curriculum- Heart and Lungs –KS2
- First Aid –Red Cross and St John’s Ambulance –KS2
- High quality sports lessons delivered by qualified coaches
- Bikeability- Metro
- Road safety- Nursery and Reception
- Pedestrian training – Year 3
- Fire safety- Year 5, whole school – Bonfire Night and Eid fireworks
- Swimming – Year 3
- Stranger Danger - Nursery, Reception, Year1
- Online safety -PCSO KS2
- Forest School- Fire and Knife safety Year 5 &6

## Relationships

- Anti-bullying week
- British Values
- Community involvement- Food banks, Christmas singing in local care homes, Young Voices, Memorial garden, St Wilfred's church
- STAR rules
- Class charters
- Learning mentors support
- Danger Academy
- Playtime Pals- Peaceful Problem Solving
- Poster: 'Who to go to'
- School Council- Democracy

## Living in the Wider World

- Eco Warriors
- Financial education- Enterprise Week
- Fair trade
- Religious Education- World religions, identity, respect, tolerance
- Supporting charity events-Children in Need, Red Nose Day, Sports Relief, Save the Children, Bags to school