

# Lidget Green Primary School

## Menu - Week 3

**Week Commencing:**  
18th Nov, 9th Dec,  
20th Jan, 10th Feb,  
2nd Mar, 23rd Mar,  
13th Apr

Day	Choose from...	Sandwiches & Wraps / Jackets with Fillings	Desserts...
<b>Mon</b>	<ul style="list-style-type: none"> <li>Gluten Free Fish Fingers</li> <li>✓ Quorn &amp; Mixed Pepper Fajita</li> </ul>		<ul style="list-style-type: none"> <li>Cornflake Tart</li> <li>Fruit Jelly &amp; Cream</li> </ul>
<b>Tues</b>	<ul style="list-style-type: none"> <li>Sausage in Onion Gravy</li> <li>✓ Halal Lasagne</li> <li>✓ Cheese Whirls</li> </ul>	<ul style="list-style-type: none"> <li>Sandwiches &amp; Wraps / Halal Chicken Panini / Jackets with Fillings</li> </ul>	<ul style="list-style-type: none"> <li>Marble Sponge</li> <li>Lemon Cheesecake</li> </ul>
<b>Wed</b>	<ul style="list-style-type: none"> <li>Spanish Chicken &amp; Rice</li> <li>✓ Halal Crofter's Pie</li> <li>✓ Savoury Quorn Mince</li> </ul>	<ul style="list-style-type: none"> <li>Sandwiches &amp; Wraps / Jackets with Fillings / Tuna &amp; Cheese Panini</li> </ul>	<ul style="list-style-type: none"> <li>Lemon Shortcake</li> <li>Fruit Flapjack</li> </ul>
<b>Thurs</b>	<ul style="list-style-type: none"> <li>Tuna &amp; Sweetcorn Pizza</li> <li>✓ Cheese &amp; Tomato Pizza</li> </ul>	<ul style="list-style-type: none"> <li>Sandwiches &amp; Wraps / Jackets with Fillings</li> </ul>	<ul style="list-style-type: none"> <li>Pear Sponge</li> <li>Pancake, Ice Cream &amp; Fruit</li> </ul>
<b>Fri</b>	<ul style="list-style-type: none"> <li>Chilli Con Carne</li> <li>✓ Halal Ranch Burger</li> <li>✓ Vegetable Pakora</li> </ul>	<ul style="list-style-type: none"> <li>Sandwiches &amp; Wraps / Jackets with Fillings / Sticky Chicken Panini</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Fruit Salad</li> <li>Date &amp; Cocoa Brownie</li> </ul>

**Did you know?...**  
Bananas give you lots of energy to keep you going through the day in all you work and play.

**Soil Association FOOD FOR LIFE BRONZE CATERING**

**Assured Food Standards**

All menu items are subject to availability and may change without notice

**the food quarter**



The wording in this publication can be made available in other formats such as large print.  
Please call: 01274 431404.



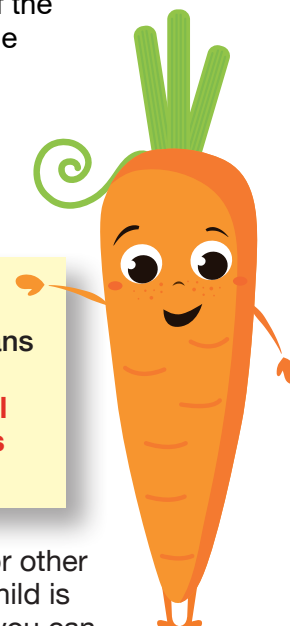
# School Catering

## at Lidget Green Primary School

This leaflet contains details of the menu at Lidget Green after the October half term.

Tasty, nutritious school meals have been provided in the Bradford district for many years.

The Universal Infant Free School Meals scheme means these meals are provided **FREE to all primary school children in reception class and Years 1 & 2.**



There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's important that you still register as your school will benefit from extra funding.

**Please Note: For children in Years 3-6, meals will be priced at £1.80, which is still great value for money.**

### Check out our new school meals app

It's the easy way to get school meals information via your phone or tablet. Scroll through the daily menu options, look at nutritional and allergen information, save your child's school, and so much more!!

Simply go online to the link below and follow the instructions to download/save the app.



[www.bradford.gov.uk/schoolmeals](http://www.bradford.gov.uk/schoolmeals)



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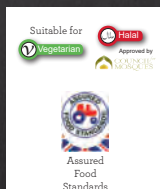
## Menu - Week 1

Week Commencing:  
4th Nov, 25th Nov,  
16th Dec, 6th Jan,  
27th Jan, 9th Mar,  
30th Mar

<b>Mon</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Breaded Fillet Of Fish</li> <li>Vegetable Pakora</li> </ul>	<p>Sandwiches &amp; Wraps / Cheese Panini</p> <p><b>Desserts...</b> Rice Pudding &amp; Peaches Gallia Biscuits</p>
<b>Tues</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Chilli Con Carne</li> <li>Halal Chicken Bhuna</li> <li>Quorn Chilli</li> </ul>	<p>Sandwiches &amp; Wraps / Halal BBQ Panini / Jackets with Fillings</p> <p><b>Desserts...</b> Chocolate Sponge Frozen Smoothie</p>
<b>Wed</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Buttermilk Chicken</li> <li>Halal Chicken Keema &amp; Peas</li> <li>Quorn &amp; Mixed Pepper Fajita</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings / Tuna &amp; Cheese Panini</p> <p><b>Desserts...</b> Decorated Iced Buns Yogurt</p>
<b>Thurs</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Tuna &amp; Red Onion Pizza</li> <li>Cheese &amp; Tomato Pizza</li> </ul>	<p>Sandwiches &amp; Wraps</p> <p><b>Desserts...</b> Syrup Sponge Fresh Fruit Salad</p>
<b>Fri</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Minced Beef &amp; Onion Pie</li> <li>Halal Mumbai Meatballs</li> <li>Vegetable Roll</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Chocolate &amp; Mandarin Sponge Lemon Iced Sponge Finger</p>



**Did you know?...**  
One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day!



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- ✓ All main meals are accompanied with either potatoes, rice or naan bread, seasonal vegetables or salad or fresh bread.
- ✓ All meat is from farms which satisfy UK welfare standards.
- ✓ All fresh vegetables and potatoes are locally sourced, wherever possible.
- ✓ All our fish, vegetarian, and cheese dishes are suitable for Muslims.

- ✓ All desserts are suitable for vegetarians and Muslims.
- ✓ We do not use preservatives or additives that are unsuitable for children.
- ✓ We have a no nut and no genetically modified ingredient policy.
- ✓ The school meals provider at Lidget Green have been awarded the bronze standard.



# Lidget Green Primary School

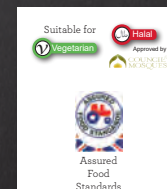
## Menu - Week 2

Week Commencing:  
11th Nov, 2nd Dec,  
13th Jan, 3rd Feb,  
24th Feb, 16th Mar

<b>Mon</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Battered Fillet of Fish</li> <li>Cheese Lattice</li> </ul>	<p>Sandwiches &amp; Wraps / Cheese Panini / Jackets with Fillings</p> <p><b>Desserts...</b> Chocolate Rice Pudding Fresh Fruit Salad</p>
<b>Tues</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Beef Lasagne</li> <li>Halal Chicken &amp; Spinach</li> <li>Quorn Lasagne</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings / Tuna &amp; Cheese Panini</p> <p><b>Desserts...</b> Paris Sandwich Melon Slices</p>
<b>Wed</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Chicken Pie</li> <li>Halal Chicken Pakora</li> <li>Vegetable Pakora</li> </ul>	<p>Sandwiches &amp; Wraps / Cheese Panini / Jackets with Fillings</p> <p><b>Desserts...</b> Vanilla Ice Cream Fresh Fruit</p>
<b>Thurs</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Halal Sticky Chicken Wrap</li> <li>Cheese &amp; Tomato Pizza</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Butterfly Buns Yogurt</p>
<b>Fri</b>	<p><b>Choose from...</b></p> <ul style="list-style-type: none"> <li>Sausage in a Bun</li> <li>Battered Fillet of Fish</li> <li>Cheese &amp; Onion Flan</li> </ul>	<p>Sandwiches &amp; Wraps / Jackets with Fillings</p> <p><b>Desserts...</b> Chocolate Sponge Fruit Sundae</p>



**Did you know?...**  
Apples are very nutritious. This means they are good for you. Apples are filled with potassium, vitamin C, carbohydrates, fibre and antioxidants.



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## Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: 01274 432772 or email: [benefits@bradford.gov.uk](mailto:benefits@bradford.gov.uk) Or check/apply online at [www.bradford.gov.uk/benefits](http://www.bradford.gov.uk/benefits)