Whole school curriculum overview LTP

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|   | EYFS | Year 1  | Year 2  | Year 3  | Year 4  | Year 5  | Year 6  |
| Autumn 1  | Feeling keeping safeUnderstanding Rules | Physical health and wellbeing Fun times  | Physical health and wellbeing What keeps me healthy?  | Drug, alcohol and tobacco education Tobacco is a drug  | Identity, society and equality Democracy  | Physical health and wellbeing In the media  | Relationships and health education Puberty  |
| Autumn 2  | Building relationshipsTooth – brushing/ oral health | Keeping safe and managing risk Feeling safe  | Mental health and emotional wellbeing Friendship  | Keeping safe and managing risk Bullying – see it, say it, stop it  | Drug, alcohol and tobacco education Making choices  | Identity, society and equality Stereotypes, discrimination and prejudice  | Relationships and health education Healthy relationships  |
| Spring 1  | Physical health and wellbeing | Identity, society and equality Me and others  | Relationships and health education Growing from young to old  | Mental health and emotional wellbeing Strengths and challenges  | Physical health and wellbeing What is important to me?  | Keeping safe and managing risk Making safer choices  | Drug, alcohol and tobacco education Weighing up risk  |
| Spring 2  |  | Drug, alcohol and tobacco education What do we put into and on to bodies?  | Relationships and health education Boys and girls, families  | Identity, society and equality Celebrating difference  | Keeping safe and managing risk Playing safe  | Mental health and emotional wellbeing Dealing with feelings  | Identity, society and equality Human rights  |
| Summer 1  | Risk-takingHealthy eating – understanding what is healthy | Mental health and emotional wellbeing Feelings  | Keeping safe and managing risk Indoors and outdoors  | Careers, financial capability and economic wellbeing Saving, spending and budgeting  | Relationships and health education SPIRAL CURRICULUM  | Drug, alcohol and tobacco education Different influences  | Mental health and emotional wellbeing Healthy minds  |
| Summer 2  |  | Careers, financial capability and economic wellbeing My money  | Drug, alcohol and tobacco education Medicines and me  | Physical health and wellbeing What helps me choose?  | Relationships and health education Growing up and changing  | Careers, financial capability and economic wellbeing Borrowing and earning money  | Keeping safe and managing risk Keeping safe - out and about FGM (female genital mutilation)  |