Whole school curriculum overview LTP

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|  | EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | Feeling keeping safe  Understanding Rules | Physical health and wellbeing Fun times | Physical health and wellbeing  What keeps me healthy? | Drug, alcohol and tobacco education Tobacco is a drug | Identity, society and equality  Democracy | Physical health and wellbeing In the media | Relationships and health education  Puberty |
| Autumn 2 | Building relationships  Tooth – brushing/ oral health | Keeping safe and managing risk Feeling safe | Mental health and emotional wellbeing  Friendship | Keeping safe and managing risk  Bullying – see it, say it, stop it | Drug, alcohol and tobacco education Making choices | Identity, society and equality  Stereotypes, discrimination and prejudice | Relationships and health education Healthy relationships |
| Spring 1 | Physical health and wellbeing | Identity, society and equality  Me and others | Relationships and health education  Growing from young to old | Mental health and emotional wellbeing  Strengths and challenges | Physical health and wellbeing  What is important to me? | Keeping safe and managing risk Making safer choices | Drug, alcohol and tobacco education Weighing up risk |
| Spring 2 |  | Drug, alcohol and tobacco education  What do we put into and on to bodies? | Relationships and health education Boys and girls, families | Identity, society and equality  Celebrating difference | Keeping safe and managing risk Playing safe | Mental health and emotional wellbeing Dealing with feelings | Identity, society and equality  Human rights |
| Summer 1 | Risk-taking  Healthy eating – understanding what is healthy | Mental health and emotional wellbeing  Feelings | Keeping safe and managing risk Indoors and outdoors | Careers, financial capability and economic wellbeing  Saving, spending and budgeting | Relationships and health education  SPIRAL  CURRICULUM | Drug, alcohol and tobacco education  Different influences | Mental health and emotional wellbeing  Healthy minds |
| Summer 2 |  | Careers, financial capability and economic wellbeing  My money | Drug, alcohol and tobacco education Medicines and me | Physical health and wellbeing  What helps me choose? | Relationships and health education  Growing up and changing | Careers, financial capability and economic wellbeing  Borrowing and earning money | Keeping safe and managing risk  Keeping safe - out and about  FGM (female genital  mutilation) |